



20 Something

*For the Young and Young at Heart.
Out of High School to Married with Kids.*

Wednesday Nights
7-8:15 @ the Lobby Couches after the meal.

LOOKING DEEPER INTO PSALMS

Worship. In two thousand years we haven't worked out the kinks. We still struggle for the right words in prayer. We still fumble over Scripture. We don't know when to kneel. We don't know when to stand. We don't know how to pray.

Worship is a daunting task.

For that reason, God gave us the Psalms – A praisebook for God's people. The Psalms could be titled *God's Book of Common Prayer*. This collection of hymns and petitions are stung together by one thread – a heart hungry for God.

Some are defiant. Others are reverent. Some are to be sung. Others are to be prayed. Some are intensely personal. Others are written as if the whole world would use them. Some were penned in caves, others in temples.

But all have one purpose – to give us the words to say when we stand before God.

The very variety should remind us that worship is personal. No secret formula exists. What moves you may stymie another. Each worships differently. But each should worship.

This study will help you do just that.

Here is a hint. Don't just read the prayers of these saints, pray them. Experience their energy. Imitate their honesty. Enjoy their creativity. Let these souls lead you in worship.

And let's remember. The language of worship is not polished, perfect, or advanced. It's just honest.

